

City of Santa Barbara  
Parks & Recreation Department  
Teen Programs Division

**APPLICATION FOR H.O.T. (HEALTHY OPTIONS FOR TEENS)**

For more information on Healthy Options for Teens please call, Elvia Hernandez at (805) 560-7560

**Mailing Address:**

Attn: Elvia Hernandez  
Teen Programs  
P.O. Box 1990  
Santa Barbara, CA 93102-1990

**Street Address:**

Carrillo Recreation Center (Upstairs)  
100 E. Carrillo St.  
Santa Barbara, CA 93103  
(805) 897-2650

**Applicant Information**

**Date:**

First Name:	Last Name:	DOB:
Address:	City:	ZIP:
Phone:	E-Mail:	
Parent / Legal Guardian:		

**Emergency Contact Information**

First Name:	Last Name:	
Address (if different from above):	City:	ZIP:
Daytime Phone:	Evening Phone:	

**School Information**

School :	Grade:	
Name of Contact:	Title:	
Address:	City:	ZIP:
Phone:	Ext.	E-Mail:

**Agency Information**

Agency Name :		
Name of Contact:	Title:	
Address:	City:	ZIP:
Phone:	Ext.	E-Mail:

What do you think is the most challenging part of teen health today?

- ☐ Eating habits
- ☐ Dating
- ☐ No exercise
- ☐ Stress
- ☐ Other

Please explain:

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What would you like to change about yourself?

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Are you able to participate for 8 weeks with one Saturday field trip per month? ( ) YES ( ) NO

The following information is collected for statistical purposes only:

Sex: ( ) Female ( ) Male Age: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Grade: \_\_\_\_\_

How did you hear about H.O.T. (Healthy Options for Teens)? \_\_\_\_\_

I certify that the information on this application is true to the best of my knowledge and belief, and understand that false statements and/or information shall be just cause for rejection of this application or subsequent discharge.  
This application must be signed in ink and dated.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

FOR OFFICE USE ONLY-----

Date Received: \_\_\_\_\_ Date Information Send: \_\_\_\_\_ Date Appointed: \_\_\_\_\_

Teen Programs

100 E. Carrillo Street

Santa Barbara, CA 93101

[www.sbparksandrecreation.com/teens](http://www.sbparksandrecreation.com/teens)

